

Six Stages of Pathology: Homotoxicology

Demonstrating a Confluence of Traditional Chinese Medicine and Homeopathy denoted by the term Homeosiniatry

The toxicity we encounter may be *material* (for example industrial pollutants), *energetic* (for example electromagnetic fields) or *situational* (for example enduring psychic trauma resulting from a stress-laden personal relationship). Our organism possesses an impressive capacity to accommodate, assimilate, redirect and expel all three types of toxicity. Yet as the example of autism vividly demonstrates, this capacity has its limits.

Theory within both Traditional Chinese Medicine and Homeopathy permits assessing limits to the body's toxicity resilience. The two systems offer parallel models wherein a six-stage descent from health to chronic illness is depicted. Seen juxtaposed below, the dual explanatory modes represent a convergence resulting in a hybrid medical system known as homeosiniatry that offers a useful schemata in regard to autism pathology.

The TCM version, referred to as *Differentiation According to Channel Theory*, depicts a transformation of external influence into inner pathology in energetic terms. The homeopathy version is known as *The Six Stages of Homotoxicology according to Reckeweg*. Though not presented here, a similar journey accounting for the deterioration of emotional health can be modeled according to (hypothetical) sequential miasmatic transformation, extending from *Psora* to *Syphilis*.³³

The following introduction to homotoxicology is offered by Mary Coyle, a practitioner and teacher based in New York City who obtains excellent results treating ASD clients with this method:

Homotoxicology was the brainchild of a German physician, Dr. Heinrich Reckeweg (1877-1944). Its adherents consider it a bridge between allopathic and homeopathic therapeutics. Dr Reckeweg believed that today's

33 Formulated in *Rediscovering Real Medicine: The New Horizons of Homeopathy*, Elmiger Jean, Element Books Ltd (May 1998)

complex and increasingly toxic environment challenges our ability to gain and maintain proper health. Therefore he developed compounded homeopathic remedies which he believed stimulated more efficient elimination of these toxins.

In order to chart the biological process towards optimal health, Dr. Reckeweg created the Table of Homotoxicology. This table includes the six phases of healing. The first three phases – Excretion, Inflammation and Deposition – are the reaction phases. When the body functions within these first three phases, it demonstrates its strength to respond and react to toxic invaders such as viruses, bacteria, heavy metals, and pesticides. These positive reactions could appear as a fever, cough, a runny nose, loose stools, or increased urination. The latter three phases – Impregnation, Degeneration and Neoplasm – are the exhaustion phases. Those languishing in these latter phases have been pushed beyond the limits of human physiology. Their ability to react and eliminate xenobiotics and pathogens is limited, and the toxins have now penetrated the cells. When tracking the progress of an autistic spectrum individual in the course of his or her care, the Table of Homotoxicology is an invaluable resource.

According to Reckeweg's chart, these children's systems are overwhelmed by our modern society: The barrage of toxins both in utero and upon infants and toddlers exceeds their capacity for proper elimination and they have attained a saturation point. Toxins then are found to have migrated from the extra-cellular matrix to the interior of the cell. No longer able to stay within the reaction phases of health, the child is found to have devolved into the exhaustion phases with an ASD diagnosis. Being compromised and fragile, ASD children lacking the resources to recover from their physical and emotional assaults display critical impairment. Many are unable to mount fevers, tan³⁴, sunburn, sweat, or form muscle mass. Some of the more affected children are so compromised

34 The inability to tan is an odd feature discussed by parents of ASD children, some of whom relate enhancement of tanning capability to a product, Respen-A that contains the mitochondrial enzyme MAO-A whose activity is required by melatonin production itself related to tanning. <http://thirning.blogspot.com/2010/06/tanning-autism-and-respen.html>.

they fail even to lose their baby teeth according to the typically developing childhood schedule. Invading intracellular toxins have attached onto organelles, such as the mitochondria, severely compromising their fuel metabolism. Lack of energy places ASD kids squarely within a pattern of adrenal stress wherein, forced to function in a chronically wired-but-tired state, inflammation is perpetually stimulated.

In accordance with many of the same dietary and environmental recommendations found throughout this book, Mary Coyle implements a program of biotherapeutic drainage via remedies and detoxification. Drainage remedies are made from substances from the plant, mineral and animal kingdoms. They are low in potency (3x, 6x, or 4 to 5CH or 30K potencies). Biotherapeutic drainage and detoxification will be revisited in the Workshop Methods section, page 121.

Reckeweg Homotoxicology

Stage One Excretion: Permits toxic expulsion

Stage Two Inflammation: Initiated cleaning via activation of the defense system. Resistance to toxic expulsion

Differentiation According to Channel Theory (TCM)³⁵

Tai Yang disease: Conditions due to exogenous evils invading bodily surface

Yang Ming disease: Conditions where exogenous *wind* and *cold* have converted into *heat* evils migrating directly into the bodily interior, attacking the *Yang Ming* meridians traversing the *Stomach* and *Intestines*. *Yang Ming* diseases exhibit the height of conflict between exogenous influence and the body's immune defense

35 Adapted from <http://www.shen-nong.com/eng/principles/firesixevils.html>

Stage Three Deposition: Storage of toxic products in the extra-cellular space. Accommodation of toxicity

Shao Yang disease: Conditions due to enduring exterior syndromes migrating into the interior though not yet fully arrived. The pathological changes reside in a netherland between the body's exterior and interior regions

Stage Four Impregnation: The main effect of toxification becomes intracellular. As the enzyme system degrades, toxins are incorporated within the cells. A point of demarcation, meaning where acute conditions turn chronic.

Tai Yin disease: Cold-deficient (*xu*) types of condition resulting from a deficiency of *Spleen chi* (energetic function) and retention of cold-dampness in the interior. Represents constitutional frailty.

Stage Five Degeneration: Toxification destroys the cell.

Shao Yin disease: Pathological changes impacting the *Heart* and *Kidneys*. As these organs represent core function, their involvement signifies systemic breakdown and serious pathology.

Stage Six Dedifferentiation: The cell dedifferentiates, meaning cellular signaling and cellular identity break down. Neoplasms (cancerous tumors) are created.

Jue Yin disease: Terminal stage where the body's disease defenses are exhausted. Fundamental yin yang balance is lost with a growing potential for yin and yang to separate. Complex syndromes manifesting extreme heat or extreme cold, or alternations of cold and heat.